

Extended Camp - \$100 each (person with DS) \$25 each (Respite person)

Young Adult Extended Camp. Is this camp suitable for me?

In order to be successful in this pilot program, campers should:

1. **Be able to manage their own personal care independently (dressing, bathing, toileting, and other hygiene routines)**
2. **Be able to get ready for the day fairly independently, with some prompts and reminders**
3. **Be able to be successful in an environment which offers support at a 1:3 – 1:4 ratio (see below)**
4. **Have some experience of staying overnight away from their families**

We'll make sure to adapt our programming and schedule to be the best possible fit for the population (simple and repeated instructions, lots of time to get to and from programs and to complete the activities in our programs). However, we'll only really be able to provide a support ratio of 1:3 – 1:4, so we encourage families to assess whether they think their camper can be successful with that level of support. Campers who require 1:1 support for prompts and reminders, help with emotional regulation, personal care, medical support, etc. may need to come along with an additional support worker.

Those joining us as volunteers to support this program should be prepared to:

1. **Support campers through long camp days, from getting ready in the morning to helping campers get ready for bed (we can arrange for at least an hour per day to yourself with no responsibilities, but you'll need to be on for the rest of the day!)**
2. **For several hours per day, along with the other DSS volunteers, be fully responsible for the supervision and support of campers, while Brigadoon staff are preparing for programs, etc.**
3. **Sleep overnight in the same cabins (but separate rooms) as the campers, accessible in case they need anything during the night.**
4. **Help give reminders and prompts to campers to make sure they are ready to go to programs, successful during programs, etc.**
5. **Give appropriate levels of independence, while also being nearby to provide support whenever campers require it.**
6. **Provide additional support to campers who are struggling (with instructions, with regulating emotions, etc.)**

I understand that I will have to pay \$\$ by cheque or e-transfer by **May 15, 2024, after which there are no refunds, unless the camp is cancelled, to info@halifaxnsdss.ca or PO Box 8093, Halifax, NS, B3K5L8**